

Dear Parents:

As part of our concussion action plan and through careful evaluation we have come to an agreement with Concussion Vital Signs for our baseline concussion testing program. As many of you are aware there is a high level of interest in concussions recently. Baseline testing is used in order to evaluate the recovery of a student who has sustained a concussion against a post-injury test. We have contracted with Concussion Vital Signs to baseline test all students at Malvern Preparatory School and not just the athletes, because we have students getting concussions outside of Malvern Prep Athletics and we as a community want to be there to help the students and families through the injury. These tests will be required in order to participate in the athletic program 6<sup>th</sup>-12<sup>th</sup> grades. If your son does not take the test before Spring athletics begin he may not be allowed to participate. Below are a set of instructions for the baseline testing. If you have any questions, please email me at [wmills@malvernprep.org](mailto:wmills@malvernprep.org).

Thank you for your consideration!

William Mills, MA, ATC  
Head Athletic Trainer

\*Go to [www.concussionvitalsigns.com](http://www.concussionvitalsigns.com)

\*Please log in at the "athlete testing" area using the following information:

**ATHLETE TESTING LOGIN Username is: Friar**  
**ATHLETE TESTING PASSWORD is: 19355**

\*At the Athlete Reference/ID, sign-in with **Last Name** Space **First Formal Name** Space **Middle Name** Space **Graduation Year**, For Example: **Mills William John 1983**

\*The program will also ask at some point "Full Name (optional). For Malvern Prep this is not optional. Please put in your formal name as you did in the above example without the graduation year.

\*The athlete will be asked which assessment type and you want "baseline" not "post injury." Then the program will ask assessments and you will click on "**Concussion Vital Signs**" and "**Athletic Information & Medical History.**" Don't worry, do the best you can and you will have an opportunity to practice the tests. We ask that parents be with your son when he is taking the test. This baseline test is just one of our many tools in managing concussions.

\*If your son does not take the test seriously then the test will come back as invalid and he will have to take it again. FYI: This baseline test will need to be done every two years.

\*We would like you to perform two baseline tests with no more than a week between them.

\*Please have the baseline tests by completed by February 21, 2012.