



Malvern Preparatory School

Winter Sports Guidelines

Updated December 3, 2020

Scope

Winter Sports workouts will begin on or during the week of December 7, 2020. All students and coaches will adhere to the guidelines below. Decisions related to the beginning of Inter Ac Contests (with the exception of Wrestling) are under discussion for now. As we get closer to the new year, we hope to have more clear information for all.

<u>Program</u>	<u>Coach</u>	<u>Email</u>
Basketball	John Harmatuk	jharmatuk@malvernprep.org
Ice Hockey	Bill Keenan	bkeen@malvernprep.org
Indoor Track & Field	Mike Koenig	mkoenig@malvernprep.org
Squash	Dominic Hughes	dhughes@malvernprep.org
Swimming & Diving	Jay Schiller	jschiller@malvernprep.org
Strength Coach	Erik Miller	emiller@malvernprep.org
Wrestling	Nathan Lautar	nlautar@malvernprep.org

The following is a highlight of the guidelines and rules that Malvern Prep has created based on [Pennsylvania's Guidance for Sports to Return during the COVID-19 health crisis](#). As we closely monitor government guidance during the pandemic, we are following strict guidelines to ensure the safety of our students, coaches and staff. Please adhere to all rules, guidelines and waivers. We are doing everything that we can to have a winter season. Thanks to all for their cooperation.

Guidelines:

1. All coaches, staff, student participants and parents/guardians will read the [Malvern Prep Athletics Health and Safety Plan](#).
2. All students who are virtual on days of workouts must complete the health screening prior to coming to campus.
3. **All virtual students will check in with our athletic training staff in the O'Neill Center. Please**

use the pool entrance (the west side entrance facing the Pellegrini Athletic Complex) All students will receive a wristband after the temperature check. Students who are already here for their academic day can proceed to their practice site - please leave your wristband ON.

4. Parents/Guardians who are dropping off their sons for workouts will leave campus and return at the conclusion of the workout for pickup. We can not allow spectators at practices. Student drivers may park in any available lot on campus.

5. Outdoor Groups - coaches, staff and participants will wear masks at all times. Exception - when students are engaged in competition or training they may remove their mask. Once a Student is out of a competition or drill, they must wear their mask.

6. Indoor Groups - coaches, staff and participants will wear masks at all times, including competition or training, per [PA's updated mask guidelines](#).

7. Restroom access- No more than two students at a time may use a restroom. All students are expected to wash their hands and clean up after themselves.

8. Malvern Prep will not provide water or towels. All students, coaches and staff will bring their own and take them home when they leave. Personal water bottles should be labeled with the owner's name and kept 6-10 feet apart from others.

9. No Locker Room Access. Locker Room access is prohibited until further notice. If a student brings equipment to a workout, he must take it home with him. For students who are on campus for their designated academic day, there are two heated tents available for changing into athletic gear- One outside of the O'Neill Center and the other outside of Dougherty Hall.

10. Any student who travels outside of Pennsylvania will need a negative COVID test upon return from travel or a quarantine of 14 days. Students who intend to travel outside of Pennsylvania are to inform their head coach and Mrs. Malone (emalone@malvernprep.org) at least 3 days prior to travel.